

- · Visitors using trails do so at their own risk and bear full responsibility for their own safety.
- Cyclists must wear approved safety helmet.
- Bike tires in winter months must be 3" or wider and tire pressure must be less than 10psi.
- Stay on designated trails and respect trail closures and/ or staff direction.
- Cyclists yield the right of way to all other users.
- Trails are directional. Always obey the arrows.
- Stop and yield to vehicular traffic at road crossings.

SUMMER TRAILS	LENGTH (KM)	RATING	TYPICAL SLOPE (%)	MAXIMUM SLOPE (%)	TYPICAL CROSS SLOPE (%)	MAXIMUM CROSS SLOPE (%)	
Green Trail	1.8		4.4	19.5	6.3	19.5	
Yellow Trail	2.5		6.2	28.2	4.9	17.5	
Blue Trail	5.5		5.8	28.2	4.9	30.9	
Red Trail	8.6		6.2	34.7	4.6	30.9	
- Black Trail	4.5		7.2	31.2	6.6	28.6	
Humber Valley Heritage Trail				> Direction			
Single track Trails				# Post Mar			
— Connector Trails				★# Trailhead	100% = 45° Slope		

Note: This information is intended to assist trail users in selecting trails appropriate for their needs and abilities

SINGI	LE TRACK BIKE TRAILS	LENGTH (M)	RATING	SINGL	E TRACK BIKE TRAILS	LENGTH (M)	RATING	PARK FEATURES
A	IMBA Alley	850	♦	1	BMBC Twister	580		Park Boundary
B	Gnarly Berms	870		M	Albion Witch	470		Park Roads
¢	Goat Path	710	♦	N	Live and Learn	570		P Parking Lot
D	Woo Wu	790		0	Epic Ride	650	♦	t∗ • Washroom
E	Sugar Shack Shuffle	1090	♦	P	Handle with Care	1050	♦	▲ Bike Wash Station
F	Sugar Rush	510	♦	0	High Roller	910	♦	Picnic Area
G	Get Groen	450	♦	R	Hot August Nights	280	♦	Watercourse
+	Moraine Momentum	330		\$	Ridge Run	290	♦	
•	Pining for More	380	♦	1	In Speed we Trust	370		
•	Pinecone Express	800	♦	•	Speed-o-Rama	530	♦	
K	Rough Ride	76	**	V	Summer Solstice	840	♦	
					Total	13.5 km		

Note: Orange arrows on the park trails connect all single track trails.

TECHNICAL TRAIL DIFFICULTY DESCRIPTIONS

can change at any time. Users must assess their own technical ability in combination with their own fitness level, before making a choice to enter onto any trail on the property.

Be aware, be safe and use common sense!

TECHNICAL TRAIL DIFFICULTY				
	Easiest			
	More Difficult			
♦	Very Difficult			
*	Extremely Difficult			

Assigned trail difficulties are a guideline only!

These are recommended difficulties for this property. Trail conditions