



Weekly Menu- Crossings

WEEK 1: *Water is served with all snacks and Milk is served with all lunches unless otherwise posted

MONDAY

Breakfast: Rice Cakes, Wow Butter, Jam
Lunch: Burgers, tomatoes, pickles, buns, cheese, tater tots
Vegetarian: Veggie Burgers, tomatoes, pickles, buns, cheese, tater tots
Snack: Bananas, Oranges, Pretzels

TUESDAY

Breakfast: Waffles, Berries
Lunch: Butter Chicken, Rice, Naan Bread and Vegetables on Side
Vegetarian: Vegetable and Rice Stir Fry
Snack: Tortillas, Salsa

WEDNESDAY

Breakfast: Muffins, yogurt
Lunch: Homemade Macaroni and Cheese with Steamed Broccoli and Carrots, Cubed Ham
Vegetarian: Homemade Macaroni and Cheese with Steamed Broccoli and Carrots,
Snack: Nut Free Trail Mix, Apple Sauce

THURSDAY

Breakfast: Milk, Cereal
Lunch: Creamy Mushroom Soup, Grilled Ham and Cheese, and Raw Vegetables
Vegetarian: : Creamy Mushroom Soup, Grilled Cheese, and Raw Vegetables
Snack: Raw Vegetables, Ranch, Cheese

FRIDAY

Breakfast: Bagels, Raisins
Lunch: Sausages, Whole Wheat Perogies, Steamed Corn and Fruit on Side
Vegetarian: Whole Wheat Perogies, Steamed Corn and Fruit on Side
Snack: Blueberries, Graham Wafers