



Weekly Menu- Crossings

WEEK 4: *Water is served with all snacks and Milk is served with all lunches unless otherwise posted

MONDAY

Breakfast: Rice Cakes, Wow Butter, Jam
Lunch: Pulled Pork Sandwiches with Pickles and Raw Vegetables and Dip
Vegetarian: Veggie Sandwich
Snack: Bananas, Oranges, Pretzels

TUESDAY

Breakfast: Waffles, Berries
Lunch: Orange Chicken, Rice and Steamed Vegetables
Vegetarian: Rice and Vegetable Stir Fry
Snack: Tortillas, Salsa

WEDNESDAY

Breakfast: Muffins, yogurt
Lunch: Chicken, Bacon Carbonara with Broccoli
Vegetarian: Meatless Carbonara with Broccoli
Snack: Nut Free Trail Mix, Apple Sauce

THURSDAY

Breakfast: Milk, Cereal
Lunch: Chicken Tortellini Soup with Raw Vegetables
Vegetarian: Tortellini Soup with Raw Vegetables
Snack: Raw Vegetables, Ranch, Cheese

FRIDAY

Breakfast: Bagels, Raisins
Lunch: Pizza Buns (ham, cheese, mushrooms, peppers) and Vegetables on Side
Vegetarian: Pizza Buns (cheese, mushrooms, peppers) and Vegetables on Side
Snack: Blueberries, Graham Wafers