



Weekly Menu- Crossings

WEEK 6: *Water is served with all snacks, unless otherwise posted

MONDAY

Breakfast: Yogurt and berries

Lunch: Lasagne, Milk

Snack: Hummus, Vegetables, crackers

TUESDAY

Breakfast: Toast and Fruit

Lunch: Chicken Tortellini Soup, Vegetables, Milk

Snack: Apples and Pretzels

WEDNESDAY

Breakfast: Yogurt/Granola/Berry Parfait

Lunch: Whole Wheat Waffles, Seasonal Fruit, Bacon, Milk

Snack: Tortilla chips, salsa, sour cream

THURSDAY

Breakfast: Oatmeal cookies, Milk

Lunch: Pulled Pork Sandwiches on Whole Wheat Buns, Pickles, Milk

Snack: Muffins

FRIDAY

Breakfast: Apple Sauce, Waffles

Lunch: Chicken Parmesan, Egg Noodles, Vegetables, Milk

Snack: Energy Balls