



Weekly Menu- Crossings

WEEK 5: *Water is served with all snacks, unless otherwise posted

MONDAY

Breakfast: Toast and Fruit
Lunch: Chicken Strips, Potato Fries, Vegetables, Milk
Snack: Apple Crumble, Milk

TUESDAY

Breakfast: Fruit salad, rice cakes
Lunch: Pizza Buns (ham, cheese, mushrooms, peppers), Milk
Snack: Frozen Blueberries, Fish Crackers

WEDNESDAY

Breakfast: Milk, Cereal
Lunch: Whole Grain Pancakes, Bacon, Fruit, Milk
Snack: Cheese, Crackers, Garlic Sausage, Pickles

THURSDAY

Breakfast: Waffles and Bananas
Lunch: Spaghetti w/ Meat Sauce, Steamed Vegetables, Milk
Snack: Fruit Salad, Graham Crackers

FRIDAY

Breakfast: Yogurt, Apple slices
Lunch: Lunch: Roasted Chicken, Mashed Potatoes, Gravy, Stuffing, Steamed Vegetables, Milk
Snack: Nut Free Home-made Trail Mix