



Weekly Menu- Crossings

WEEK 1: *Water is served with all snacks, unless otherwise posted

MONDAY

Breakfast: Toast and Bananas

Lunch: Chicken A La King, Mashed Potatoes, Vegetables, Buns, Milk

Snack: Muffins, raisins

TUESDAY

Breakfast: Waffles, apple slices

Lunch: Cream of Chicken-Vegetable Soup, Bread, Milk

Snack: Frozen Blueberries, Graham Crackers

WEDNESDAY

Breakfast: Muffins, yogurt

Lunch: Sausages, Whole Wheat Perogies, Steamed Corn, Milk

Snack: Vegetables and Hummus, fish crackers

THURSDAY

Breakfast: Milk, Cereal

Lunch: Grilled Ham and Cheese Sandwiches, Creamy Tomato Soup, Raw Vegetables

Snack: Rice Cake with Toppings (Jam, wow butter, honey)

FRIDAY

Breakfast: Bagels and strawberry cream cheese

Lunch: Beef and macaroni casserole, peas\carrots, milk

Snack: Garlic Sausage, Cheese, Pickles